LiveWabiSabi

SEASON 3 MAGAZINE



Imperfect Stories | Unstoppable Women | Real Impact

UNFILTERED
UNSCRIPTED
UNFORGETTABLE

Celebrating the women redefining success on their own terms.



Camille R. Blair

EXECUTIVE COACH & GLOBAL GOVERNANCE AND PEOPLE STRATEGIST



Dr Suela Pirushi

FOUNDER & CEO, THE MILESTONE HUB LTD | PHD | AI CONSULTANT



Neera Paritosh

EDUCATOR, 33 YEARS | FOUNDER, PARENTING THE PARENT

WWW.LIVEWABISABI.COM

HONOURING THE JOURNEY
IGNITING THE IMPACT



Voices from our global community

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EDITOR'S *note*



What If Your Story Is the Light at the End of Someone Else's Darkest Chapter?

WELCOME

Not to a magazine filled with perfect people. But to a collection of beautifully unfinished journeys.

At LiveWabiSabi, we believe that the moments we try hardest to hide often become the very moments that shape us.

- The heartbreak that taught us courage.
- The failure that redirected our path.
- The uncertainty that invited us to trust ourselves.

The Japanese philosophy of Wabi-Sabi reminds us that beauty does not live in perfection. It lives in authenticity. In resilience. In the visible marks left behind by a life fully experienced.

This issue brings together women from different countries, cultures, and professions. Yet their stories share a common thread: each woman discovered strength not despite her struggles, but because of them.

You will meet leaders, educators, coaches, mothers, entrepreneurs, and visionaries. Women who transformed setbacks into purpose, loss into wisdom, and self-doubt into self-belief.

Their journeys remind us that success is not measured by titles or accolades. It is measured by the courage to keep becoming.

"

If even one story in these pages helps you feel seen, understood, or inspired to share your own journey, then this magazine has fulfilled its purpose.

Because your imperfections are not flaws to overcome.

They are your unique signature.

With gratitude and grit,

Shilpi gupta Shah

FOUNDER
LIVE WABI SABI

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A note on Her Village



For every woman featured in these pages.

You will notice that in every story we tell, there is a section called Her Village.

It is not a list of credits. It is not a thank-you note.

It is the most honest answer to the question we forget

> WHO HELD YOU UP WHEN YOU COULDN'T HOLD YOURSELF?

- A partner who stood like a rock
- A mother whose sacrifice she carries like a quiet prayer
- Siblings who heard the unpolished version and stayed anyway
- Friends who never needed the polished story
- A teacher who believed before there was proof
- A circle of women, her girl gang, her networking communities, who reminded her she was never alone
- And A child who looked up and called her a warrior.

So when you read Her Village in the pages that follow

Read it slowly

And then think of your own.
The people who are your gold.
Name them. Thank them. Tell them.

"No woman rises alone.
It takes a village to remind her of who she already is."

Divyansh Shah

EXECUTIVE DIRECTOR

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The Gold in the Cracks

Camille R. Blair builds leaders for a living. She rebuilt herself first.

THE SPARK

She mentors founders, youth and women across continents Africa, the US, Europe, MENA, Asia-Pacific teaching them to scale ideas, close gaps, build pathways nobody handed them.

But this story isn't about the resume.

THE GOLD

Not from pretending it never broke. From leaning into the lonely mornings, the wondering, the quiet question every single parent asks:

Can I do this alone?

Today, those scars aren't failure. They're the reason her ministry doesn't preach from a pedestal, it preaches from being mended.

THE BREAK

It's about the morning the papers were signed, and she had to learn how to be enough on her own.

Divorce didn't just end a marriage. It left her holding a life she thought was unusable held together, she says, by tape and prayers.

THE MESSAGE

Stop apologizing for your cracks.

Your perfection was never the point.

You don't need enough grace for next year. You only need enough for the next ten minutes.

Your story isn't ruined. It's being refined.



THE PROOF

No stage. No award.

Just a tired evening, a child looking up at her not as a divorced woman, not as a struggling mom,

a warrior.

That's when she understood: she wasn't just surviving. She was modelling what it looks like to break, and still stand, and still lead.

HER VILLAGE

Parents who are her bedrock. Sisters and best friends who hear the unpolished version and stay anyway. Children who are her why. A grandmother's legacy that still carries her through the quiet moments.

You didn't just watch me break, she tells them. You helped me mend.

THE INVITATION

To follow Camille R. Blair's work with women and girls in leadership and entrepreneurship, visit Camille Francis, LLC.

@camillerblair

Camille R. Blair

WABISABI WHISPERS



"You are never too old to set another goal or dream a new dream"

Meenakshi Kulkarni

Model, Homemaker & VG Mrs Telangana Empress



"When silence gathers strength, your soul finally whispers"

Tanushi Singh

Teacher & Author



"It means so much to be able to tell the story of not only building my business, but building my baby at the very same time"

Shel Marie

Empowerment Coach



"No one can make you feel insecure unless you allow it, be the queen of your own thoughts."

Moumala Nayak

Kathak Practitioner



"Only you hold the power, and the responsibility, to pick yourself up."

K.S. Sri Rajeshwari Devi

Counseling Psychologist, Author & Holistic Healer

Voices from our global community



The Last Thing a Machine Can't do

Dr Suela Pirushi teaches AI for a living. She built her career on the one thing it can't replicate.

THE SPARK

She was born in Albania. Shaped in Bulgaria. Sharpened in the corridors of the World Bank, in government ministries, in rooms where contracts mattered more than people until one didn't.

THE GOLD

She didn't pivot quietly.

She built The Milestone Hub Ltd. She built the B.R.I.D.G.E. Programme™. She walked into Oxford's Saïd Business School. She finished a PhD on humans and AI, in 2026, while still showing up for everyone else's questions.

Her research has a name for the crack she found: the AI Disclosure Paradox the more honestly you admit to using AI, the less people trust the work, even when the work is better.



THE BREAK

Eleven years. A million-pound partnership. Every clause honoured. Every deadline met. And still gone.

She had managed the transaction. She had stopped managing the human being on the other side of it.

Then, in 2024, redundancy. Free, and terrified, for the first time to build something that was only hers

THE PROOF

By day, she teaches frontier AI labs how machines should think.

By the same evening, she argues the opposite case — that no algorithm can mean a thing it writes.

"A machine can write the proposal. It cannot mean it."

HER VILLAGE

A daughter in sixth form. A life rebuilt across four countries, four languages, and every letter she signs, always — "With gratitude, Suela."

THE MESSAGE

The partnerships that survive everything were never the ones with the best contracts.

They were the ones where someone genuinely cared.

THE INVITATION

Take the Trust Test™ on your own business. Read The Business Currency is Love. Explore the B.R.I.D.G.E. Programme™.

www.themilestonehub.com

suelapirushi

WABISABI WHISPERS



"A machine can write the proposal. It cannot mean it."

Dr Suela Pirushi

PhD | AI Consultant | Business Strategist, Founder The Milestone Hub



"My heart is my compass. Wisdom is my power. Grace is my strength"

Dr Priti Kumari

Clinical Dietitian | Yoga Therapist | Mrs India Karnataka 2024



"Live your dream, listen to your heart, use your brain – then conquer."

Namita Kulshrestha

Model & Homemaker



"A sixth sense begins where gratitude fills the first five."

Jyotsna Rao Bakshy

Spiritual Healer | Mrs Majestic International 2025



"The greatest adventure is the journey inward – the light was always yours."

Dr Sushmaa Dwivedi (Khyati)

Spiritual & Cosmic Intelligence Coach | Founder, Mystic Magik Miracles

Voices from our global community



Parenting the Parent

Neera Paritosh's quiet war against a generation raised in a hurry

THE SPARK

Thirty-three years in a classroom teaches you to read children the way other people read weather. Neera Paritosh watched them come in as kids and walk out half-formed — brilliant, anxious, distracted, carrying homes she could see but never enter. She stopped blaming the children first. "It was never entirely their fault," she says.

THE BREAK

Somewhere between EMIs and Instagram-worthy lives, parents forgot a simple truth — their child belonged to a society, a nation, not just to them. They never learned it themselves. So they couldn't teach it. That ache became two books — Ripple of Words. Parenting the Parent. Then Covid happened, and silence stopped being an option.

THE GOLD

She didn't whisper. She built. A website — parentingtheparenting.com. An audio-video soul given to her first book. A fifteen-day program — Better You, Better Child — not therapy, not a TED talk, a mirror held up to parents before it's handed to their kids. This is not content. This is a campaign.



THE PROOF

She walked a pageant stage — VG Miss & Mrs India Empress 2025 — because she knew people listen to a crown faster than they listen to a teacher. She won. Second runner-up. A trophy in one hand, a louder voice in the other. The world started listening back: a hundred influential women (Live Wabi-Sabi Life), a global excellence award (NRM Digital), Unstoppable 50, Pride of India (Shesplash), two pages in Personalities of India, a cover with Dia Mirza (JJ Crowns), a name among India's most influential (Dainik Jagran), a hoarding in Chandigarh (The Great Podium), a stage at Radisson Dwarka for Walk of Power and Pride, and at Bharat Mandapam — the Rashtriya Ratan Samman.

THE MESSAGE

Not the crowns. Not the covers. This — a teacher who refused to let "good marks" replace "good values," who believes the fastest way to raise a responsible citizen is to first raise a responsible parent. One ripple. One word. One home at a time.

HER VILLAGE

The one that mattered most — her daughter beside her, both their faces, one magazine cover, for Mother's Day. And the conversations that carried her message further: podcasts with Rajinder Soni, Rishi Jha, and Shilpi Shah, on toxic parenting, on starting over, on the quiet tools that actually change a life.



THE INVITATION

Begin where she began. Visit parentingtheparenting.com — read Ripple of Words, Join Better You, Better Child, and become the parent your child secretly needs you to be.

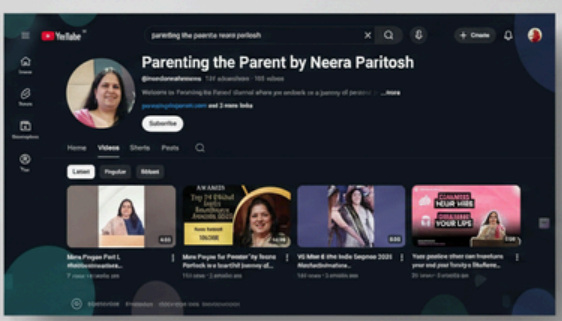
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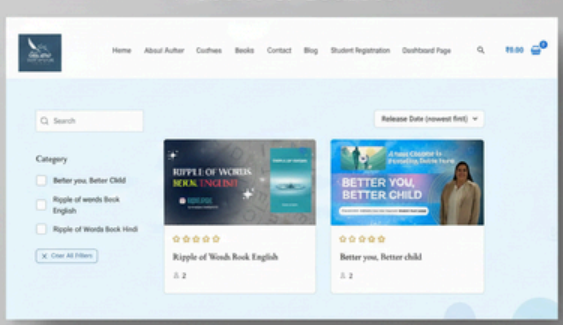
@transformativeneera

Digital Footprint

YouTube Channel



Website & Courses



SHEL MARIE

Empowerment Coach | Motivational Speaker | Podcast Host





Shel Marie didn't pause her purpose to become a mother.
She built both at the same time.

Every keynote was delivered with a heartbeat growing stronger inside her.

Every client was empowered while she was quietly becoming someone's everything.

The photographs she chose to share with us aren't just beautiful images,

They are evidence of what women carry.
Not just babies.
Purpose. Power. Grace. All at once.

Motherhood is not a pause button.

It is an amplifier ~
of love, of strength, of every value
you want to pass forward.

@shel.marie.empowerment

shel-marie-empowerment



Your Health

Is Not an Expense

Josephine Dias spent 29 years teaching children.
Now she's teaching adults how to live.

THE SPARK

Some people inherit an easy life. Josephine M Dias built hers, one classroom, one lesson, one hard year at a time.
Twenty-nine years as a primary school teacher. Decades of showing up for other people's children before she learned to show up for herself.

THE BREAK

Life asked her a harder question. Not what do you do. How do you live?

She watched people chase titles, salaries, milestones and quietly lose their sleep, their peace, their bodies.
So she asked the question nobody puts on a resume:

What good is success if you're too unwell to enjoy it?

THE GOLD

That question became a book — OMG! Don't Try Adventure With Your Health.

Not a lecture. A wake-up call. Built on Medicine 3.0, prevent before you repair, choose before you're forced to.

She founded Pulse & Purpose, a space for working professionals to remember they are human first, employees second.

Her words, stripped simple: Health is not an expense. It is an investment.



THE PROOF

At 59, she did something fearless.
She stepped onto the stage of VG Global Mrs India Empress Pageant 2025 — not for the crown, but for the proof — age is just a number. dreams don't expire.

THE MESSAGE

"Your health is your greatest asset. Protect it, nurture it, and never take it for granted."

HER VILLAGE

Gratitude for the lessons. For her parents' sacrifices. For a husband and children who stood like pillars while she found her purpose.

THE INVITATION

Don't wait for a wake-up call. Read OMG! Don't Try Adventure With Your Health —> available now on Amazon and Flipkart.

@wellnessclassroom

josephine-dias

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Wabi Sabi

50 Beautiful Life Lessons

That Only *Imperfection* Can Teach Us ♡

Because
sometimes, ♡

it's only through
imperfection

that we truly
begin to
understand
what it means
to live. ♡



Not perfect.
Always real. ♡

THE QUIET ART OF LETTING GO

1. Not everything is meant to stay.
2. Closure isn't always given; sometimes, you create it yourself.
3. Letting go is not weakness, it is emotional maturity.
4. The more you try to control life, the more it slips through your fingers.
5. Some endings don't come with explanations, and that's okay.
6. Peace often begins where attachment ends.
7. You don't need to understand everything to move forward.
8. Holding on to what hurts delays your healing.
9. Timing teaches you what logic never can.
10. Walking away is sometimes the most powerful choice you'll ever make.

LEARNING TO COME HOME TO YOURSELF

11. You are allowed to be a work in progress.
12. You don't have to earn your worth, it already exists.
13. Your flaws are not failures, they are fingerprints of your story.
14. Healing is messy, nonlinear, and deeply personal.
15. Comparison disconnects you from your own journey.
16. You don't need to have everything figured out to be enough.
17. Rest is productive
18. Your sensitivity is not something to fix, it's something to honour.
19. You grow the most when you stop trying to be someone else.
20. Being yourself is the bravest thing you can be.

LESSONS HIDDEN INSIDE FAILURE

21. Failure is not the end, it's redirection.
22. Every mistake carries wisdom disguised as discomfort.
23. Growth begins exactly where comfort ends.
24. Falling apart is sometimes how you come together stronger.
25. You are allowed to begin again, again and again.
26. Courage often looks quiet, not loud.
27. Not everything that leaves is a loss.
28. Disappointment builds emotional resilience.
29. You are far more capable than you think.
30. The path you didn't plan may be the one meant for you.

LOVE, PEOPLE & IMPERFECT CONNECTIONS

31. Not everyone is meant to stay forever.
32. Love is not perfection, it's acceptance.
33. You can love deeply and still choose yourself.
34. The right people will never ask you to shrink.
35. Communication heals more than assumptions ever can.
36. Some apologies will never come, heal anyway.
37. Boundaries are a form of self-love.
38. Consistency matters more than intensity.
39. Some people are lessons disguised as love.
40. The most important relationship you'll ever have is with yourself.

THE BEAUTY OF BEING IMPERFECT

41. Imperfection is what makes life human.
42. Flaws make stories worth telling.
43. You don’t need perfection to experience joy.
44. There is beauty in unfinished journeys.
45. Your scars are proof of your strength.
46. Life is not meant to be controlled, it’s meant to be lived.
47. You are allowed to evolve, change, and grow.
48. Happiness exists in moments, not milestones.
49. You are worthy, even on your worst days.
50. Sometimes, life falls apart so something better can take shape.

Regret is More Painful than failure.

UNDERSTANDING YOUR IMPERFECTIONS WITHOUT FEAR

Accepting yourself does not mean ignoring your weaknesses or pretending everything is fine. It means acknowledging your imperfections without letting them control your self-worth. Everyone has flaws, but those flaws do not erase value. When you begin to see imperfections as part of being human rather than something to hide, you create space for growth without shame or self-rejection

50-BEAUTIFUL-LIFE-LESSONS-THAT-ONLY-IMPERFECTION-CAN-TEACH-US

Wabi Sabi

The Truth
We Often Forget ♡



"We live in a world that edits everything.
Photos.
Feelings.
Lives.

But the truth?

Nothing real is perfect. ♡

Wabi-Sabi reminds us that life is **imperfect, incomplete, and impermanent,** and that's exactly what makes it meaningful.

So maybe the goal isn't to fix every flaw.
Maybe it's to understand it. To sit with it. To grow through it.

Because the moments you thought were breaking you...
were actually shaping you. ♡

Make today something you *feel*, not just something you finish.

Wishing you strength, resilience, and **limitless growth.** ♡

Love & Light,
Shilpi ♡



The Parent

she had to become first

Vannessa Misso-Veness didn't set out to teach parenting. She set out to wake herself up; her daughter was part of her the journey

THE SPARK

Before she ever coached a parent, she had to become one worth listening to. Not the perfect kind. The awake kind. The kind who looks at her own daughter and realizes, I can't give her what I haven't found in myself first.

THE BREAK

Not a dramatic one. The quiet kind that hides in being agreeable. People-pleasing. Putting everyone first, the kids, the partner, the room, until there was no "first" left for herself.

THE PROOF

No stage. No headline. A community of mums, still gathering, still showing up for each other three years running.

THE GOLD



Self-love, the unfiltered version. Breakfast, actually eaten. A pause in the day that's allowed to matter. A book picked back up just because she enjoys it. From there, she built a space for conscious women to stop performing parenthood and start practicing it, group wellness challenges, live meetups, one-on-one work unpacking the patterns that quietly run a life without permission. Not here's how to parent. Here's how to become the version of you who parents with intention.

THE MESSAGE

Change yourself a little more each day than the day before you go out to change the world. The world will wait. Start closer.

HER VILLAGE

Professionally — the women in her circles, holding space for each other. Personally — family, and an aunt who never stopped showing up.

THE INVITATION

Begin where Vannessa began — with yourself.
Visit our website and join the parents learning to lead with calm instead of chaos.

www.cascadetrainteachlearn.com

@cascade_coaching

vannessa-misso-veness

WABISABI WHISPERS



"Stop apologizing for your cracks"

Camille R. Blair

Executive Coach & Global Governance Strategist, Founder Camille Francis LLC



"It was never entirely the child's fault."

Neera Paritosh

Life Coach, Educator & Founder Of Parenting the Parent



"Change yourself a little more each day than the day before – before you go out to change the world."

Vannessa Misso-Veness

Conscious Life & Parenting Coach, Founder of Cascade Coaching



"Results don't happen to you, they happen within you."

Margie Dunki-Jacobs

Speaker, Mentor & Bestselling Author, Founder Breathing Forward



"Your health is your greatest asset. Protect it, nurture it, and never take it for granted."

Josephine Dias

Wellness Coach & Author, Founder of Pulse & Purpose

Voices from our global community



Breathing

Forward

Margie Dunki Jacobs with forty years in traditional careers. A decade in entrepreneurship. One belief that took longest of all to heal.

THE SPARK

Margie Dunki Jacobs didn't need to learn how to succeed.
She'd already done that, four decades of it.
What she needed to learn was harder.

THE BREAK

Not ambition. Not capability.Belief.
Years of doubting, questioning, reaching outward for the validation that was supposed to live inside her the whole time.

THE PROOF

A closing table. A stack of papers, signed one after another.
Two years of fixing, flipping, worrying what if it doesn't sell.
It sold.

THE GOLD

That her worth never needed anyone else's signature on it. Now that healed belief fuels every room she walks into, zero validation required.

Meditation before the world wakes up. Silence, on purpose. Coffee with her husband on the back patio, where peace isn't a performance, it's just Tuesday.From it, she built Breathing Forward, coaching, retreats, funding solutions, AI-powered strategy for entrepreneurs turning ideas into income. Results, she says, don't happen to you. They happen within you.

HER VILLAGE

Entrepreneurs she meets weekly. High-level rooms full of people doing great things from a servant heart.
Too many to name just one.



THE MESSAGE

You don't need to be perfect to live a beautiful life.
Your scars are part of the gift.
Embrace the journey, trust yourself, keep an open heart, and you'll lift someone else up doing it.

THE INVITATION

Ready to reset your momentum? Join Margie's Momentum Reset Intensive at mentormemdj.com

www. mentormemdj.com

@margiedunki

BINITA SHRIVASTAVA

Founder & Director, Visionara Global

India's Leading Women Transformation Coach & Founder of VG Miss & Mrs India



EMPOWERING WOMEN.
TRANSFORMING LIVES.
CREATING LEADERS.

Helping women rediscover confidence, unlock their potential and lead with purpose.

- Founder of Visionara Global
- Founder of VG Miss & Mrs India
- Transformation Coach & Leadership Mentor
- TEDx & International keynote Speaker
- Bestselling Author
- Former Beauty Queen & Model
- Empowering thousands of women through transformational coaching and pageantry

"Every woman deserves the confidence to own her story and the courage to create her future."

@binitashrivastava.official

Join VG Pageants

TRANSFORM YOUR LIFE. LEAD WITH CONFIDENCE.

JOIN VISIONARA GLOBAL TODAY!



Shift
the Root

Alneja Gašpar Horvat doesn't treat the symptom. She finds what's been buried underneath it.

THE SPARK

Some people fix what hurts.
Alneja asks a harder question: Why does it hurt in the first place?
Beneath every blocked relationship, every struggle with fertility, every health pattern that won't budge, there's a root.
She finds it.

THE BREAK

Her own body turned against her, piece by piece.
Pre-cancerous changes. Hashimoto's. A piece of her cervix, removed. Burnout. Infertility.
It wasn't bad luck. It was a childhood's worth of stress and drama, finally surfacing, demanding to be released.

THE PROOF

Not a stage. Not a certificate. Accepting herself exactly as she is.No fixing. No shrinking to fit a box built for someone else.
That single act of acceptance was terrifying. It was also the most transformative thing she's ever done.

THE GOLD



She changed everything, the job, the lifestyle, the people around her. She stopped recreating the pain she'd never chosen.
I have done Deep inner work and healing. Meditation. Yoga. A massage, a walk, quiet enough to actually hear herself.
From it,The Unblock Method was born — her signature approach for women ready to release what no longer serves them.

THE MESSAGE

You don't have to fit the norm. You don't have to be flawless to be worthy of belonging. Accept the mission. Keep walking.
You'll find your people, different, unique, imperfect, exactly like you.

HER VILLAGE

At first, no one supported the path she was choosing. Everyone tried to lead her away from it. She heard the calling anyway, and kept going, because she believed her work could help others the way it had helped her.That belief became its own kind of support, unshakable, and entirely hers.

THE INVITATION

Discover the Butterfly Technique and the work behind it.

www.baby-spell.com

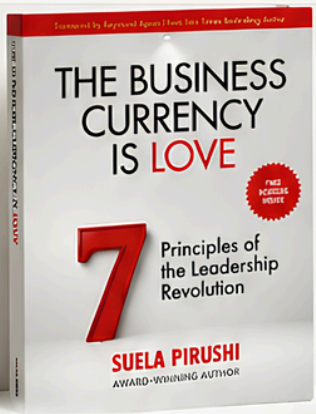
@alneja.horvat

Alneja

Recommended *Reads*

INSIGHTFUL BOOKS. MEANINGFUL IMPACT.

A handpicked list if books that inspire clarity, purpose, well - beign and heart -led living.



01 The Business Currency is Love

~ Dr Suela Pirushi Book link

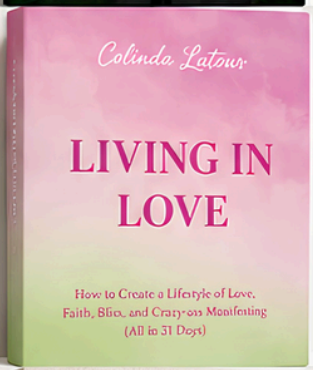
Because the most powerful strategy in business has always been genuine human care.



02 OMG! Don't Try Adventure With Your Health

~ Josephine M Dias Book link

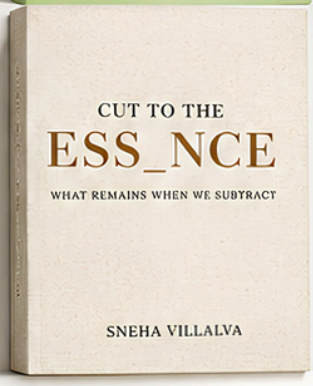
Your wake-up call to stop putting your health last on the list.



03 Living in Love

~ Colinda Latour Book link

31 days to a life built on love, faith, and unapologetic manifesting.



04 Cut to the Essence

~ Sneha Villalva Book link

What remains when you subtract everything that was never truly yours.



Through the Lens, Survival

Sara Knight has spent a lifetime being looked at. Now she decides what the world sees.

THE SPARK

Behind every frame she shoots, there is a girl who once had no say in what happened to her.

THE BREAK

Child abuse. Domestic violence. Years of being seen the way others chose to see her.

2017 is the year that changed, the year she was finally allowed to start finding who she was meant to be.

THE GOLD

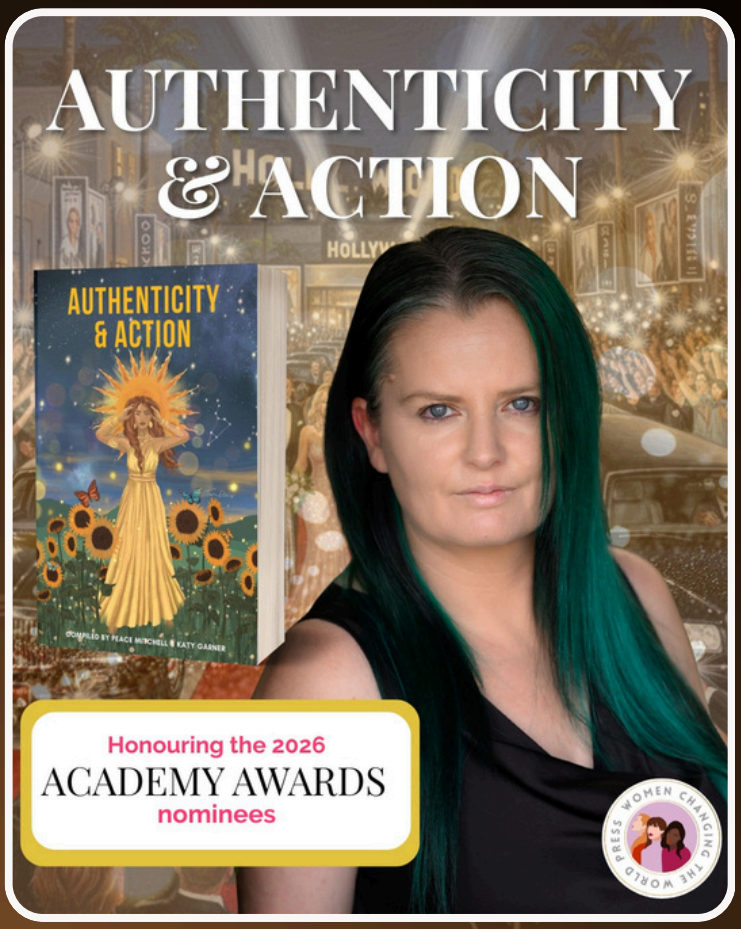
Mother of six. Autism advocate, Author.

International Street Photographer of the Year, 2023/2024.
A camera in her hands, catching the moments nobody can stage, because she knows better than anyone what it costs to be unguarded.

THE PROOF

Boarding a plane, alone, for the first time outside her own country, to photograph the Women Changing the World Awards in Paris.

No one walked her there. She did that.



THE MESSAGE

Whatever stone gets thrown,
you can still break through.
The path might not be the one
you planned.
Walk it anyway.

HER VILLAGE

James Knight, the first person to show her what unconditional love actually looks like.

Kylie King, who never stopped pushing her toward her own goals.
Katy, of Women Changing the World, who handed her a platform and refused to let go.

THE INVITATION

See the world the way Sara Knight sees it.

www.saralouisephotography.com.au

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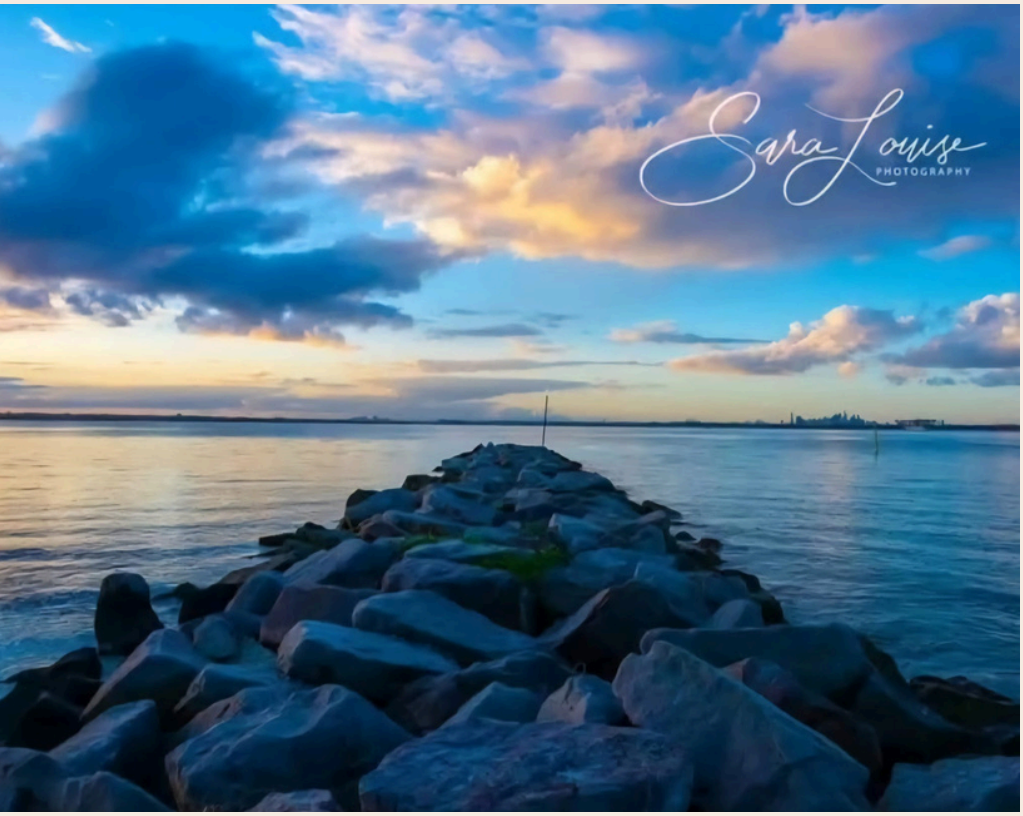
She Shoots What the World Walks Past

PHOTOGRAPH BY

SARA KNIGHT

INTERNATIONAL STREET PHOTOGRAPHER OF THE YEAR 2023/ 2024

> Through her lens everyday moments become timeless stories.







FindingHer Crown

Sonia Gupta left Jalandhar, crossed oceans, and found a crown she never knew she was chasing.

THE SPARK

From the heart of Punjab to the shores of Australia — Sonia Gupta carried a preschool teacher's warmth, a beauty influencer's eye, and a quiet hunger to prove that moving countries doesn't mean starting from nothing.

It means starting from everything you already are.

THE BREAK

Her second pregnancy broke her open.

Complications. Fear. The kind of uncertainty that makes you bargain with the universe.

She came through it held together by her husband's hands and her family's love and on the other side, a healthy daughter.

The bond that formed in that fear, she says, shines brighter than any break ever could.

THE GOLD



She showed up anyway.
Stepped onto a pageant stage for the very first time, Australia Galaxy Pageant 2022 ~ and walked away with the People's Choice Award.
Then came ambassador roles. National and international brands. Most Inspirational Influencer of the Year — 2024.
Then the moment that changed everything — Ms Australasia Pure International 2024.
A crown that made her family proud. A dream that turned real in front of her eyes.

THE PROOF

Newspapers. Magazines. Websites. Interview Times. Personalities of India. Premier Magazine. Aurum Internacional.
Most Inspirational Influencer — TCJ. Proud Indian NRI Award 2025 — Celebrity Club.
But the proof isn't on the trophy shelf.
It's in every woman who saw her story and quietly thought, if she can, maybe I can too.

THE MESSAGE

"You're not broken. You're beautifully human."
Your journey is yours alone.
Embrace the imperfections — they are what make you, you.
Keep showing up. Keep growing.
Your worth was never defined by perfection.

HER VILLAGE

Self-love, in real time: a facial, a massage, celebrating tiny wins with her tribe & through every crown, every complication, every leap across an ocean —one constant. Her husband. Rock. Cheerleader. Partner. Every sense of the word.

THE INVITATION

the crowns, the community, the real moments

@sonia.gupta4

WABISABI WHISPERS



"Crowns mean more when they're shared."

Binita Shrivastava

Transformation Coach & TEDx Speaker, Founder Visionara Global & VG Miss & Mrs India



"Whatever stone gets thrown, you can still break through – even if you have to take a different path."

Sara Knight

Award-Winning Photographer, Author & Advocate



"Accept who you are. Accept your mission. Keep walking until you find people just like yourself."

Alneja Gašpar Horvat

Transformational Mentor & Intuitive Diagnostician, Founder Baby Spell



"It isn't just what you do that drives results. It's the state you lead from."

Shairose Gulamani

Certified Organizational Coach, Founder Pressure Point



"My hope is bigger than my fear."

Ipek Kaytaz

Professional Coach, Mentor & Trainer



"You're not broken, you're beautifully human."

Sonia Gupta

Preschool Educator, Beauty Influencer & Ms Australasia Pure International 2024

Voices from our global community



IPEK KAYTAZ

Ipek Kaytaz lost her mother and found her calling in the same breath.

THE SPARK

As a child, she asked herself one question most adults never get around to:

What does happiness actually feel like to me?

Years of chasing success answered her with failures. Failures answered her with choices.

THE BREAK

She lost her mother while raising a daughter barely two years old.
Anger, A Huge hole she didn't know how to stand inside of.
So she picked up a pen.

Lyrics first.
Then articles.
Then a question that wouldn't leave her alone:

What if helping others find themselves was the way back to finding hers?

THE GOLD

That question became Professional Coaching. Her life's second beginning.
Corporate life was steady. Safe.
She walked away from it anyway, a single drop, choosing the open water over the comfort of the tank.
"My hope is bigger than my fear," she says, "and that's what keeps me going."

THE PROOF

Not a stage. Not a trophy.
An inbox, quietly filling with congratulations, after the news of her promotion went out to the whole team.
Sometimes pride arrives that simply.



THE MESSAGE

Passion isn't a luxury. It's a question you can't outrun.
Are you doing something for it, or carrying the gap between who you are and who you want to be?
Face your essence. Name your values. Take the small step.

HER VILLAGE

A daughter who is her soulmate, a husband whose support made the leap possible, a sister who cheers louder than anyone. Her pure self-expression is a mirror that returns İpek to whenever she feels unbalanced.

THE INVITATION

Connect with Ipek Kaytaz, coach, mentor, and trainer.

@kaytazipek

ipekkaytaz

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PRESSURE INTO POWER

Shairose Gulamani: 30 Years Inside the Rooms Where Leaders Face Their Greatest Pressure. Now She Teaches Them How to Transform It Into Power.

THE SPARK

Some people study leadership. Shairose Gulamani has spent more than three decades living it from the inside, as a founder, vice president, faculty member, governance leader, partnership builder, community leader, and coach to the people everyone else leans on. Across every role, one question kept surfacing: What happens to a leader when the weight never lets up?

THE BREAK

Capable people rarely struggle because they lack skill. They struggle when the pressure they carry begins to exceed their capacity to carry it well. Decision fatigue. Second-guessing. A calm exterior masking a mind that never fully switches off. Shairose has seen what happens when high performance becomes constant pressure, and she has built a method to interrupt the pattern. Pressure → Power.

THE GOLD

As a Certified Organizational Coach and ICF Associate Certified Coach, Shairose goes beyond slogans and surface-level solutions. She works at the intersection of the nervous system, decision-making, and the internal state from which a leader shows up. Because, in her words, it isn't just what you do that drives results. It's the state you lead from. A stronger way to lead.

THE PROOF

Not a title. Not a trophy. Winning the Rising Authority Award was a meaningful affirmation of a journey still unfolding. Not because of the award itself, but because for Shairose it reflected years of learning, serving, leading, and turning lived experience into work that helps others transform pressure into power.



THE MESSAGE

Passion isn't a luxury. It's the quiet voice that keeps asking whether the life you're living reflects the person you are becoming.

Listen to what matters. Name what you value. Then take one small, courageous step toward it.

Because the distance between who you are and who you want to become closes one choice at a time.

HER VILLAGE

Every leader who trusted her with the weight they were carrying. Every person who found greater clarity, steadiness, and strength through the work.
That is the village Shairose continues to build, one conversation, one connection, one transformation at a time.

THE INVITATION

Take the Pressure Test™ — free, five minutes, no obligation.

www.pressurepoint.coach

@calmisthenewflex

shairosegulamani

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THE COURAGE TO BUILD

As you close this magazine, remember:

Every dream begins with one courageous step.

Every legacy begins with one bold decision.

Every future is built by someone who refused to give up.

Not every journey begins with confidence.

Some begin with **uncertainty**.

Some begin with **loss**.

Yet every woman in these pages chose to begin.

She built a **business**

She built a **community**.

She built **confidence** where fear **once lived**.

"Every great journey starts with the courage to take the first step."



"Perhaps the next story livewabisabi celebrates...

...will be yours."

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