



LIVEWABISABI

SPOTLIGHT EDITION

NEERA PARITOSH

**The woman who chose awareness
over authority.**



LIVE - THE WABI-SABI WAY

EDITOR'S NOTE

LIVE WABI SABI MAGAZINE | BE UNAPOLOGETICALLY YOURSELF

At Live Wabi Sabi Magazine, we believe that the most meaningful revolutions begin within the home. In this Spotlight Edition, we turn our gaze toward a truth that is often overlooked yet deeply transformative: parenting is not merely about raising children, but about raising consciousness.

Neera Paritosh stands at the intersection of education, healing, and awareness, courageously inviting parents to pause, reflect, and look inward. Her work reminds us that children do not arrive to complete us or carry our unhealed stories. They arrive as whole beings, seeking guidance, safety, and authenticity.



Through her philosophy of Parenting the Parent, Neera opens a compassionate path toward generational healing, one honest conversation, one mindful word, and one awakened parent at a time.

Shilpi Shah
Editor-in-Chief

LiveWabiSabi Magazine

EDITOR'S NOTE

LIVE WABI SABI MAGAZINE | BE UNAPOLOGETICALLY YOURSELF

THIS EDITION IS DEDICATED TO...

- Every parent willing to look inward.
- Those brave enough to acknowledge their wounds.
- Those who choose awareness over denial, growth over guilt, and healing over habit.

It is dedicated to children not as extensions of their parents' dreams, but as independent souls deserving safety, empathy, and emotional freedom.

And to future generations

may they inherit wisdom without wounds, guidance without pressure, and love without conditions.

WELCOME TO THE PLACE WHERE
EVERY STORY MATTERS,
ESPECIALLY YOURS

Shilpi Shah
Editor-in-Chief

LiveWabiSabi Magaine

LIVE THE WABI SABI WAY

UNEVEN, UNFINISHED, AND UNSTOPPABLE



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INTRODUCTION

NEERA PARITOSH

A visionary educator, author, and life coach challenging generational patterns by guiding parents inward, toward awareness, acceptance, and conscious communication.

Her Journey: From Educator to Change-Maker Academic Foundation

- Graduation: B.Com
- Postgraduation: M.Com
- B.Ed & M.Ed
- Taught Class XI & XII in one of India's most reputed schools

Teaching sharpened her understanding. But her calling expanded beyond classrooms.

She followed it, bravely and founded **Parenting the Parent**.

Parenting the Parent ~

Because healed parents shape conscious futures.

THE WHY

Why Parenting the Parent

In a society where marriage is treated as a solution and children as a cure, Neera Paritosh chose to ask a braver question:

What if a child's well-being depends on how healed the parent is?

For decades, parenting has been approached as a checklist, education, discipline, achievements, obedience.

But Neera saw what many refused to acknowledge:

A child does not need perfect parents

A child needs aware parents.

Through over 30 years of observation, teaching, and lived experience, she uncovered a truth that reshaped her life's work:

Nearly 90% of a child's behaviour, struggles, and emotional patterns originate from unresolved wounds carried by parents.

Unhealed pain doesn't disappear. It transfers, sometimes as emotional suffering, sometimes as physical illness, often silently, from one generation to the next.

That realisation gave birth to her life-defining initiative: Parenting the Parent.





CORE BELIEF

The Core Belief That Changed Everything

Children are not extensions of their parents' unfulfilled dreams.

They are not clones.

They are not emotional containers.

“They are gifts from the universe, entrusted to parents for nurturing, not moulding.”

For Neera, parenting is not about control, but consciousness. Not about producing success, but about raising whole human beings.

“A child becomes their best version only when the parent is willing to work on themselves first.”



GENERATIONAL SHIFT

The Generational Shift She Advocates

Neera speaks to both generations,
with honesty and compassion.

To parents of young children:
Heal now. Reflect now.

Work on yourself while your child
is still forming.

To parents of grown children: Acknowledge mistakes
without shame. Take responsibility, not to blame yourself,
but to evolve.

**Because awareness, even when it comes late, is still
powerful.**



BOOKS

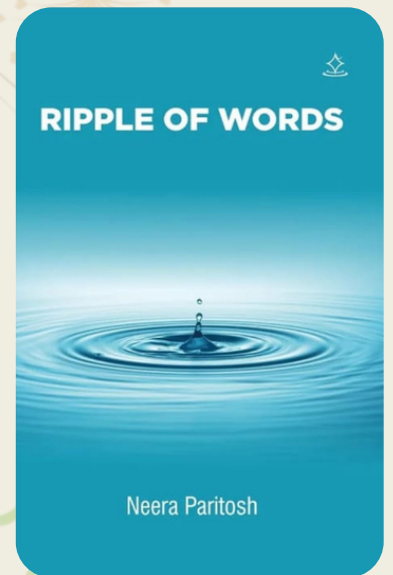
Books That Became Mirrors

Ripple of Words

Neera's first book explores the invisible power of language.

Children absorb not only what parents say, but how they say it. Words shape identity. Tone becomes inner dialogue.

This book invites parents to become mindful communicators, because language can either heal or harm.

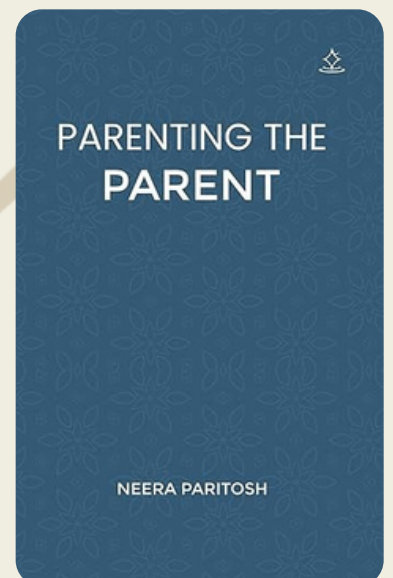


Parenting the Parent

Her second book gently yet boldly addresses the discomfort parents avoid.

It explores:

- Why our parents struggled to explain themselves
- Why complaints repeat across generations
- Why conflict is not failure, but an invitation to evolve



This book does not accuse. It awakens.



CERTIFICATIONS

World Class Coach Certified by Guni Guru Batch: 2024

Coaching Certification 121 - 75 hours of intensive professional training over three months

What These Certifications Represent

For Neera Paritosh, certifications are not symbols of authority, they are markers of responsibility.

They reflect her belief that:

- Inner work must be guided with preparation and sensitivity
- Transformation requires both wisdom and structure
- Holding space for parents demands ethical grounding and continuous learning



PROGRAM

The Program: Better You, Better Child



Neera transformed her philosophy into a 15-day guided program for modern parents.

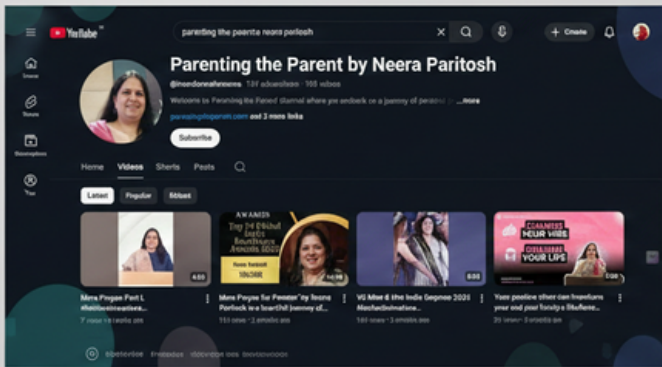
- Daily listening of recordings of 10-15 minutes only.
- Simple, reflective, deeply transformative
- Designed to create awareness, not overwhelm

She believes change doesn't require years. It requires honest listening.

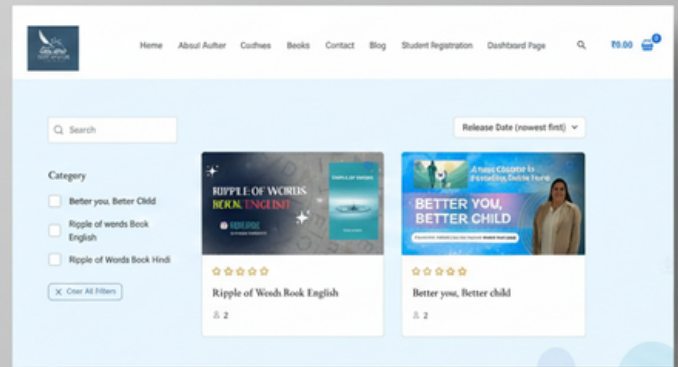
She also created **audio-visual** adaptations of **Ripple of Words**, making healing accessible beyond reading.

Digital Footprint

YouTube Channel



Website & Courses



DIGITAL FOOTPRINT

Digital Spaces That Spark Self-Inquiry

Neera's voice extends across platforms:

- Instagram: 115+ reflective recordings in one year
- Facebook & YouTube: Thought-provoking talks on parenting, awareness, and healing
- Podcast with Rishi Jha: A powerful two-hour conversation that demands presence, reflection, and courage (Best experienced with a pen, paper, and an open mind)

“Her content doesn’t entertain. It confronts, gently.”

Connect with her:

Explore her online presence

Click on the links below to read more about her :-



INSTAGRAM:

<https://www.instagram.com/neeraparitoshofficial>



YOUTUBE:

<https://youtube.com/@transformativeneera>



FACEBOOK:

<https://www.facebook.com/share/Brqqwcx4ofRNf9CF/>



WEBSITE: <http://parentingtheparent.com>

VIDEO BOOKS:



<https://parentingtheparent.com/courses>



VALUES

Beyond Academics, Towards Wholeness

Neera challenges the belief that
success equals security.

Academic achievements.

Sports medals.

Financial stability

Necessary, but not sufficient.

**“If these were enough, people wouldn’t seek spiritual gurus
or motivational speakers to heal their bruised souls.”**

True education must include:

- Empathy • Kindness • Selfless service
- Emotional awareness

Values children first observe then absorb.



INFLUENCE

A Different Kind of Influence

To challenge stereotypes and amplify her message, Neera stepped into the public eye.

She participated in VG Miss & Mrs India, winning Second Runner-Up in one category.

“Her motto: Visibility with Purpose.”



GUIDING QUESTION

The Question That Still Guides Her

“What next?”

It is the question that keeps her
evolving.
Learning.
Serving.

Because for Neera Paritosh, parenting is not a phase, it is a responsibility to humanity.



CLOSING REFLECTION

“When parents choose to heal instead of control, children are finally free to become who they were meant to be.”

“The greatest inheritance a child can receive is not success, but emotional safety.”

~ Neera Paritosh

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LIVE WABI SABI MAGAZINE IS

For those who are living, learning, healing, evolving.

For the ones embracing their imperfections and stepping
into their own shine.

For the ones writing their own story, not waiting for
permission.



For the ones who carry both grace and grit.

For the ones redefining beauty in their own language.

For those who rise, fall, and rise again.

LIVE WABI SABI MAGAZINE IS

A home for unfiltered journeys, raw truths
and quiet victories.

A space where everyone is seen, every voice matters
and every story holds power.



It's not just a magazine.

It's a movement and your story belongs here too.