LIVEWABISABI

SEASON 2

COVER STARS

Tanu Shree Gupta & Josephine Margaret Dias

Tender, Tough, and Transforming Daily.

LIVE - THE WABI-SABI WAY





EDITOR'S NOTE

LIVE WABI SABI MAGAZINE | BE UNAPOLOGETICALLY YOURSELF

Stop Waiting to Be Discovered, Start Featuring Yourself!



At Live Wabi Sabi Magazine, we're not chasing flawless. We're celebrating the raw, the real, the stories that hold truth in trembling hands.

Because becoming isn't about fixing yourself it's about remembering who you already are.

Every story here is a soft rebellion against the noise that says you're not there yet

This is your reminder to bloom quietly, but bravely.

To love yourself, not despite the scars but because of them.

Like Kintsugi, the art of mending with gold, our cracks don't diminish us. They define us.

EDITOR'S NOTE

LIVE WABI SABI MAGAZINE | BE UNAPOLOGETICALLY YOURSELF

As your Editor-in-Chief, I'm walking this path too, learning where to pour my energy, who to give my heart to, and how to show up softer but stronger.

Here's to the ones rewriting their own rules. To the dreamers and doers who turned pain into purpose and silence into song.

This is your safe corner on the internet where imperfection isn't hidden it's celebrated.

Step into the spotlight

Showcase yourself boldly

Shine anyway!

You've got this!

WELCOME TO LIVE WABI SABI MAGAZINE.

DON'T JUST DREAM ABOUT THE COVER. BE THE COVER.

Shilpi Shah

Editor-in-Chief

LiveWabiSabi Magaine

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TANU SHREE GUPTA

A WILDFLOWER SPIRIT, TURNING LIFE'S SCARS INTO STRENGTH AND SHINE

Wabi Sabi Stories



TANU SHREE GUPTA

Entrepreneur and VG Mrs India Finesse 2025

Meet Tanu Shree Gupta, Founder & Director of Mr. Brown Bakery Food Products Pvt. Ltd. and the proud winner of VG Mrs. India Finesse 2025. Much like a wildflower that blooms through every storm, she radiates strength, authenticity, and purpose. Her journey reminds women everywhere that imperfections aren't flaws they're the gold that makes each story beautiful.

For Tanu Shree, challenges were never obstacles they were teachers. Every scar, she believes, has added a new layer of beauty and strength to her life. Like kintsugi, the art of repairing with gold, she has turned her cracks into symbols of power and grace, proving that resilience is the most radiant form of beauty.

Self-love, for her, is about honesty and alignment. She lives by the mantra, "Be real, be kind, and reflect the beauty within." Whether she's leading a business, nurturing her family, or inspiring others, Tanu Shree remains grounded in kindness and authenticity.



FOUNDER• MR-BROWNBAKERY• PAGEANT QUEEN

Her proudest moment winning the VG Mrs. India crown was more than a title; it was a celebration of courage, perseverance, and self-belief. She credits her husband, children, and even her critics for fueling her drive to rise stronger each day.

Her Message:

“Love your life and live it fully. Celebrate your imperfections, support other women, and shine fearlessly through every storm.”

~ Tanu Shree Gupta

CONNECT WITH TANU SHREE GUPTA

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JOSEPHINE DIAS

EMPOWERING WOMEN TO RISE THROUGH RESILIENCE, AND SELF-LOVE

Wabi Sabi Stories



JOSEPHINE MARGARET DIAS

From Teacher to Wellness Queen
Rising Through Self-Love

Meet Josephine Margaret Dias, a devoted teacher for over 25 years who transformed her journey through courage, balance, and purpose. Once shy and hesitant, Josephine now stands tall as a wellness coach and pageant queen a living example that strength and grace can coexist beautifully. Her story reflects the essence of Wabi Sabi embracing imperfections, resilience, and the quiet art of self-belief.

Growing up, Josephine faced a world that offered only the basics, where dreams beyond survival seemed distant. But it was her mother's quiet determination that kept her faith alive. Step by step, Josephine shaped her life with education, compassion, and courage turning her insecurities into strength. When she joined the Mrs. India pageant, it became more than a competition; it was her rebirth as a woman who had finally found her voice.



TEACHER • WELLNESS COACH • PAGEANT QUEEN

For Josephine, self-love is not a luxury but a daily act resting without guilt, forgiving herself freely, and reminding her heart, “I am enough.” Her proudest moment wasn’t just wearing the crown but knowing she had overcome every doubt to stand as a woman of confidence and grace.

She calls her mother her greatest strength, her daughter her proud reflection, and her husband her silent supporter together, they became the wind beneath her wings. Today, Josephine uses her story to help other women rediscover their worth and rise above fear, proving that every scar can shine like gold.

Her Message:

Don’t wait for the perfect moment or the perfect you to start living fully. Your cracks are where your light shines through.”

~ Josephine Margaret Dias

CONNECT WITH JOSEPHINE MARGARET DIAS

Book Your free consultation:- https://tinyurl.com/3kmpd375

Instagram:- https://www.instagram.com/wellnessclassroom

Facebook:- https://www.facebook.com/share/1KSY1z7e3G/

KATE DUCK

EMPOWERING WOMEN TO HEAL LOVE THEMSELVES AND RISE WITH CONFIDENCE

Wabi Sabi Stories



KATE DUCK

Embracing Healing and Self-Love

Kate Duck, a Counsellor, Healer, and CEO from the Central Coast, NSW, embodies the true essence of Wabi Sabi finding strength and beauty within life's imperfections. As a single mother and an inspiring woman of resilience, she has transformed her personal pain into a purpose that uplifts others.

Her journey toward healing began when she chose to walk away from a domestic violence relationship a decision that became her defining kintsugi moment. Like gold filling the cracks of a broken pot, that act of courage rebuilt her life with confidence, compassion, and self-worth.

Today, through Intuitive Life Healings, Kate guides women to rediscover their power, embrace their imperfections, and cultivate unconditional self-love. Her morning affirmations "I am beautiful, I am loved, I am enough" remind her, and those she helps, that healing is a daily practice of acceptance and grace.



COUNSELLOR • HEALER • CEO

Her proudest moment came when she stood up for herself and her children in court, creating not just a safer life but a living symbol of empowerment and faith in oneself. For Kate, being part of Wabi Sabi Stories is a way to share that message of hope, showing women that beauty often blooms from the cracks of hardship.

Her Message:

"You are stronger than you think. You can achieve your goals and live the life you truly desire."
~ Kate Duck

CONNECT WITH KATE DUCK

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MEENAKSHI KULKARNI

PROVING THAT IT'S NEVER TOO LATE TO SHINE

Wabi Sabi Stories



MEENAKSHI KULKARNI

From Homemaker to Pageant Queen Proving It's Never Too Late to Shine

Meet Meenakshi Kulkarni, a proud homemaker turned pageant queen who proves that dreams have no expiry date. Married young and educated till 5th standard in Kannada medium, Meenakshi devoted her life to her family and three children with love and pride. Yet, beneath her gentle grace lived an unshakable spirit one that refused to let age or circumstance define her potential. Her journey embodies the essence of Wabi Sabi finding beauty, purpose, and strength in life's imperfections.

For years, Meenakshi quietly nurtured her family while holding on to her dream of doing something just for herself. Even in moments when life tested her, she chose faith over fear. That turning point came when she met Binita Srivastava, who encouraged her to participate in VG Miss & Mrs. India Empress Season-6. Stepping onto that stage became a defining moment a celebration of courage, confidence, and self-belief.



HOMEMAKER • PAGEANT QUEEN • INSPIRATION

For Meenakshi, self-love means lifting herself up daily, staying strong through every challenge, and never letting doubt dim her spirit. Her proudest moment was walking the ramp, not just as a contestant, but as a woman reclaiming her identity, confidence, and dreams.

She credits her children and sisters as her biggest cheerleaders the ones who stood beside her when she dared to step out of her comfort zone. Today, she inspires countless women to believe that it's never too late to start again, to rediscover their strength, and to live life on their own terms.

Her Message:

"Whatever situation you face in life, never step back. Keep moving forward, trust yourself, and never let your thoughts break you. Be strong."
~Meenakshi Kulkarni

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ELIZABETH WALKER

INSPIRING GROWTH AND AUTHENTIC LIVING THROUGH HONEST CONVERSATIONS

Wabi Sabi Stories



ELIZABETH WALKER

Founder Dear Business Coach Podcast

Elizabeth Walker, a Producer, Host, and Podcaster, brings heartfelt honesty to her work through the Dear Business Coach Podcast. Each week, she invites expert guests to share insights that inspire growth, reflection, and courage. With her calm authenticity and open heart, Elizabeth reminds us that true success lies not in perfection but in showing up as your real, evolving self every day.

Like the Japanese art of kintsugi, Elizabeth's life is a work of golden repair an ongoing journey of healing, self-discovery, and reflection. She often shares that her own repair is still in progress; she continues counseling as a form of strength, not weakness. For her, the act of healing itself is beautiful the cracks filled with wisdom, vulnerability, and grace.

Elizabeth's definition of self-love is refreshingly simple yet profound. She listens to her body and honors her needs, often taking time to rest, reflect, and recharge. A daily nap, she says, is her way of reconnecting with balance and peace. Her proudest moment graduating college remains a symbol of persistence and the quiet power of believing in oneself.



PODCASTER • PRODUCER • MENTOR

Being part of Wabi Sabi Stories holds deep meaning for Elizabeth. She sees it as a celebration of real women those who embrace imperfection, nurture authenticity, and support one another's journeys. Her story is a gentle reminder that growth never ends; it's a lifelong dance between self-awareness and courage.

Her Message:

"Study and take classes in subjects that are fun for you! Life is meant to be explored with curiosity and joy don't be afraid to change directions when your heart calls for it."
~Elizabeth Walker

CONNECT WITH ELIZABETH WALKER

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Wabi Sabi Whispers

Handpicked reflections from stories that shine with truth, tenderness, and transformation.

"Let your light pour through the cracks every healed wound is a doorway to strength, love, and wholeness."
~ Josephine Margaret Dias

"Wear your scars like jewels, for every crack you heal becomes a mark of strength, beauty, and fearless grace."
~ Tanu Shree Gupta

"Your worth isn't measured by how much you do, but by how deeply you live. Pause. Breathe. Reconnect your peace is your power."
~ Kate Duck

"Dreams have no expiry date rise, shine, and show the world that it's never too late to begin again."
~ Meenakshi Kulkarni

"Learn, explore, and grow let curiosity be the rhythm that guides your journey toward purpose and joy."
~ Elizabeth Walker

10 BEST LAW OF ATTRACTION BOOKS FOR BEGINNERS AND EXPERTS

By Shilpi Shah

1. The Secret by Rhonda Byrne

A modern classic that brought manifestation into the mainstream. Simple, powerful, and full of real-life examples, it teaches that thoughts become things a perfect start for beginners.

2. Ask and It Is Given by Esther & Jerry Hicks

For those ready to go deeper, this book explores vibration, alignment, and emotional guidance with 22 practical manifestation techniques to help you attract what you desire.

3. The Power of Now by Eckhart Tolle

Not directly about manifestation but foundational to it. By living in the present, you reduce resistance and align with universal energy the key to effortless creation.

4. You Are a Badass by Jen Sincero

Not directly about manifestation but foundational to it. By living in the present, you reduce resistance and align with universal energy the key to effortless creation.

5. The Law of Attraction: The Basics of the Teachings of Abraham

A clear, conceptual framework for understanding how thoughts, emotions, and vibration create your experiences ideal for anyone seeking practical clarity.



Link to Books:-
https://www.livewabisabi.com/post/best-law-of-attraction-books

10 BEST LAW OF ATTRACTION BOOKS FOR BEGINNERS AND EXPERTS

By Shilpi Shah

6. Think and Grow Rich by Napoleon Hill

A timeless classic that ties success to mindset, faith, and clear purpose. Its logic-driven approach appeals to entrepreneurs and achievers who believe mindset shapes results.

7. The Magic by Rhonda Byrne

A 28-day gratitude journey that helps raise your frequency and align you with abundance. Gratitude, as Byrne shows, is the fastest path to manifestation.

8. Super Attractor by Gabrielle Bernstein

A soulful guide for spiritual seekers, teaching how to manifest by being in flow, trusting the universe, and allowing rather than forcing.

9. Manifest: 7 Steps to Living Your Best Life by Roxie Nafousi

Blending psychology and spirituality, Roxie presents a modern, structured approach to manifestation rooted in self-worth and emotional healing.

10. The Attractor Factor by Joe Vitale

For goal-setters and business minds, this book offers a practical, five-step formula to remove inner blocks and attract success effortlessly.



Link to Books:-
https://www.livewabisabi.com/post/best-law-of-attraction-books

LIVE WABI SABI MAGAZINE IS

For those who are living, learning, healing, evolving.

For the ones embracing their imperfections and stepping into their own shine.

For the ones writing their own story, not waiting for permission.



For the ones who carry both grace and grit.

For the ones redefining beauty in their own language.

For those who rise, fall, and rise again.

LIVE WABI SABI MAGAZINE IS

A home for unfiltered journeys, raw truths and quiet victories.

A space where everyone is seen, every voice matters and every story holds power.



It’s not just a magazine.

It’s a movement and your story belongs here too.

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OUR STARS

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