



LIVEWABISABI

MAGAZINE

PREMIERE SEASON

Embracing Imperfection, Empowering Lives and
Inspiring Change



Namita Kulshrestha

Model & Homemaker



Shilpi Shah

Founder



Kalpana Sharma

Model & Homemaker



LIVEWABISABI

COVER STARS

Namita & Kalpana

Because Authenticity outshines perfection

LIVE - THE WABI-SABI WAY



EDITOR'S NOTE

LIVE WABI SABI MAGAZINE | THE BEAUTY OF BECOMING REAL



Wabi Sabi, a timeless Japanese philosophy, reminds us that beauty isn't found in perfection but in life's quiet cracks, pauses, and imperfections. When we stop striving to appear flawless and start embracing what's real, peace quietly finds its way back in.

At Live Wabi Sabi Magazine, we celebrate the art of being beautifully unfinished. Storytelling, for us, isn't just sharing, it's how we connect, heal, and rediscover the wonder of being human.

Every story here is a reflection of strength, courage, and authenticity, reminding us that our flaws are golden threads in the tapestry of who we are.

So, take this as your gentle nudge to release the "shoulds" and "somedays." The doubts that whisper you're not ready or maybe later. No, dear, the time is now.

Now to prune the noise.

Now to bloom braver.

Now to take your space and own your story.

EDITOR'S NOTE

LIVE WABI SABI MAGAZINE | THE BEAUTY OF BECOMING REAL

Becoming isn't about adding more, it's about uncovering what's already gold within. It's choosing calm over chaos, truth over pressure, and giving yourself permission to love, pause, and rise again.

Like kintsugi, the Japanese art of mending broken pottery with gold, our cracks aren't flaws, they are the proof of a life beautifully lived.

As your Editor-in-Chief, I'm walking beside you, redefining where to place my energy, who to give my time to, and how to show up with intention. Because becoming isn't a single moment, it's a lifelong art.

Here's to the people rewriting their rules. To the homemakers nurturing dreams quietly. To the souls who turned pain into purpose. To the dreamers trading burnout for brilliance.

May this remind you of what Live Wabi Sabi truly means to find beauty in your becoming, to honor your imperfections, and to love your story exactly as it is.

WELCOME TO LIVE WABI SABI
MAGAZINE, WHERE IMPERFECTION
ISN'T HIDDEN, IT'S CELEBRATED.

Shilpi Shah
Editor-in-Chief

LiveWabiSabi Magazine

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NAMITA KULSHRESTHA

TURNING LIFE'S TOUGHEST BATTLES INTO STRENGTH AND POSITIVITY



NAMITA KULSHRESTHA

Embracing Beauty in Imperfection

Meet Namita Kulshrestha from Hyderabad, a woman whose journey embodies resilience, grace, and reinvention. After 14 successful years in the corporate world with leading companies like Amazon, Namita embraced homemaking and found deeper purpose in nurturing her family and spreading positivity.

Like kintsugi, the Japanese art of repairing broken pottery with gold, Namita transformed life's toughest moments into sources of strength and beauty. During the pandemic, she faced immense personal trials, caring for her critically ill mother and mother-in-law while holding her family together. Through those testing times, she discovered her true resilience and the quiet power of unwavering love.

For Namita, self-love is about enjoying life's little joys, a heartfelt conversation, good food, a favorite show, or the confidence that comes from self-care and fashion. One of her proudest moments was witnessing her mother-in-law's recovery after months of struggle, a reminder that miracles happen when we lead with heart and hope.



CORPORATE PROFESSIONAL | HOMEMAKER

Grateful to be part of Wabi Sabi Stories, Namita shares her imperfect yet inspiring journey to encourage others to embrace their highs and lows with grace.

Her Message:

"Every woman's journey is different, but life becomes truly beautiful when we focus on the good, accept the imperfections, and spread positivity to those around us."

~ Namita Kulshrestha

CONNECT WITH
NAMITA
KULSHRESTHA



Instagram:

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DeccanChronicle:

<https://tinyurl.com/vgmrsindia>



Hansindia:

<https://tinyurl.com/hansindiawomen>

KALPANA SHARMA

INSPIRING
WOMEN TO
EMBRACE THEIR
INNER STRENGTH
THROUGH
WELLNESS



KALPANA SHARMA

Embracing Beauty in Imperfection

Kalpana Sharma's life is a graceful reflection of Wabi Sabi, the art of finding beauty in imperfection. A devoted housewife turned wellness coach and model, she inspires women to see strength in their struggles and elegance in their everyday lives.

Like the Japanese art of kintsugi, Kalpana has turned life's cracks into golden threads of growth. Her journey radiates positivity, resilience, and self-love, reminding women that true beauty lies in authenticity and confidence.

For Kalpana, self-love means staying poised, caring for her well-being, and cherishing life's simple joys. Her proudest moments come from love and partnership, and she continues to uplift women to embrace who they are, imperfect yet powerful.



WELLNESS COACH • MODEL • HOMEMAKER

Through Wabi Sabi Stories, she hopes to create a ripple of positivity, helping women honour their uniqueness and inner glow.

Her Message:

“Each woman is perfect on her own path—embrace your beauty, your struggles, and your power.”

~ Kalpana Sharma

**CONNECT WITH
KALPANA SHARMA**



Instagram:

<https://www.instagram.com/kalpanashwarma/>

NEERA PARITOSH

FROM TEACHER TO LIFE COACH, PARENTING THE PARENTS TO RAISE BETTER CHILDREN



NEERA PARITOSH

Parenting the Parents to Raise Better Children

Meet Neera Paritosh, a passionate educator with over 33 years of teaching experience, an international life coach, and the author of two inspiring books, *Ripple of Words* and *Parenting the Parent*. Her life's mission is to transform the way society views parenting by guiding parents to raise confident, value-driven, and happy children who become true assets to the nation.

Like kintsugi, Neera's journey reflects wisdom born from experience. After decades in education, she realized that many parents unknowingly burden their children with expectations and unfulfilled dreams. Her approach teaches that every child is unique and must be nurtured, not molded. Through her 15-day program, "Better You, Better Child," she helps parents understand themselves first, so they can guide their children with love and clarity.

For Neera, self-love is about acceptance, encouragement, and resilience.



TEACHER • INTERNATIONAL LIFE COACH • AUTHOR

Neera finds her greatest strength in her family, who stand as her unwavering support system. Being part of Wabi Sabi Life Stories affirms her belief that real beauty lies in imperfection, and every story of courage can inspire others to live authentically.

Her Message:

“Let your child become who they wish to be, but teach them to work hard toward their dreams. Don’t define success for them, let them discover it. Because in the end, it is their own peak they must reach.”

~ Neera Paritosh

**CONNECT WITH
NEERA PARITOSH**



Website: parentingtheparent.org



Video Books:
<https://parentingtheparent.org/books/>



YouTube:
https://youtube.com/@transformative_neera?si=utY76tituC12jn0m

ANI PAPAZYAN

**HELPING PEOPLE
DECODE THEIR
PAIN AND TURN
THEIR DEEPEST
WOUNDS INTO
WISDOM**



ANI PAPAZYAN

Founder, Last Stop 4 Pain

Ani Papazyan, a Pain Resolution Practitioner, speaker, and author, has spent over three decades helping people decode their pain and uncover the wisdom it carries. Known as The Body Pain Fixer, Ani combines clinical science with intuitive body awareness to remind us that pain isn't our destiny, it's a message waiting to be understood.

Her healing journey began after the 1988 earthquake in her homeland an event that fractured more than her surroundings.

Through years of self-discovery, Ani learned that pain is never just physical; it's emotional, spiritual, and profoundly human. By honoring her own cracks, she transformed trauma into purpose, turning wounds into wisdom.

For Ani, self-love means radical honesty, saying no when needed, offering herself grace, and choosing authenticity over approval. One of her proudest moments came when her father told her, "All your life you've done things your way. Now I see you did it right."



THE BODY PAIN FIXER

Being part of Wabi Sabi Stories holds deep meaning for Ani. She believes every scar tells a story of resilience and that our “messy” paths are often masterpieces in disguise. Grateful for her family, mentors, and clients, she continues to inspire others to listen to their bodies and embrace their imperfections.

Her Message:

“You are not behind or broken, you are becoming. Every challenge shapes the strength and wisdom you’ll need for what’s next.”

CONNECT WITH
ANI PAPAZYAN



Website:
<https://laststop4pain.com>



YouTube:
<https://youtube.com/@LivePainFree>

ELVIRA V. HOPPER

INSPIRING SOULS
TO EMBRACE
THEIR CRACKS
AND SHINE
AUTHENTICALLY



ELVIRA V. HOPPER

Founder & CEO, The Love Your Vibe Transformation System™

Elvira V. Hopper's journey is a celebration of authenticity and courage. Once striving for perfection, her life transformed during what she calls her "blessed breakdown" a moment that became her greatest spiritual breakthrough. At 51, she stepped onto the stage as a jazz artist, recording her album **REAL NOT PERFECT** live, no longer hiding behind perfection, but embracing the raw truth of her voice and heart.

Like kintsugi, the Japanese art of mending broken pottery with gold, Elvira's story is one of reinvention and resilience. She reminds us that our cracks aren't flaws to hide, they're proof of where the light enters.

For Elvira, Wabi means stripping away the need for validation to find beauty in simplicity. Sabi is the grace that time bestows, each scar a mark of survival, each moment a sacred gift. Together, they form the essence of her life's message: to live authentically, courageously, and unapologetically.



REAL, NOT PERFECT

Now a MultiKigai Soul, a harmony of music, coaching, healing, and service, Elvira empowers others to abandon perfection and honor their truth. She believes it's never too late to shine, no matter your age or past.

Her Message:

“Your cracks are not your ruin — they are your redemption.”

Final Note



Don't die with your song still in you.
Sing it. Write it. Live it - imperfectly,
authentically, beautifully.

CONNECT WITH
ELVIRA V. HOPPER



Website :
<https://elvirahopper.com/>



Linktree:
www.elvirahopper.com/linktree

Wabi Sabi Whispers

Handpicked reflections from stories that shine with truth, tenderness, and transformation.

“Don’t rush to fix yourself. Trust your cracks, they’re the gold that makes you whole.”
~ **Ani Papazyan**

“Do not die with your song still in you. Sing it. Write it. Paint it. Build it. Live it. Imperfectly. Authentically. Beautifully.”
~ **Elvira V. Hopper**

“Every child is beautifully unique, incomparable to another. Your role as a parent is not to judge, but to nurture, with love, acceptance, and wisdom.”
~ **Neera Paritosh**

“Be yourself, Live your Dream, Listen to your Heart, Use your Brain and Conquer the World”
~ **Namita Kulshrestha**

“Every woman is complete on her own journey, embrace your beauty, honour your struggles, and rise in your power.” ~ **Kalpana Sharma**

FOUNDER'S JOURNEY

FOLLOW THE FOUNDER'S JOURNEY OF CAREER SHIFTS AND COURAGE, LEADING TO A PLATFORM WHERE PEOPLE CAN PROUDLY OWN AND SHARE THEIR BEAUTIFULLY IMPERFECT SELVES



SHILPI SHAH

Embracing the Wabi Sabi Philosophy of Life

Life rarely moves in a straight line, and Shilpi Shah's journey beautifully reflects this truth. From studying geology to teaching, from career breaks to earning an MBA at IIM Calcutta, and from championing digital entrepreneurship to being honored with the Making a Difference Award at Naaritvv Fest, and proudly winning the crown as VG Mrs. India ~ Gujarat Empress along with the titles of Mrs. Fashionista and Influencer 2025, it's been a journey of passion, purpose, and empowerment.



FOUNDER ~ LIVE WABI SABI | VG MRS INDIA FASHIONISTA | NAARITVV MAKING A DIFFERENCE AWARD WINNER

In 2020, Shilpi discovered the Japanese philosophy of Wabi Sabi, the art of embracing imperfection, impermanence, and incompleteness. What began as an interior design concept soon became her life mantra. She realized she had already been living it, finding peace in pauses, beauty in flaws, and meaning in every transition.

That realization gave birth to her platform, Live Wabi Sabi Life, a digital movement that celebrates authenticity, self-love, and the courage to evolve. What started as a personal blog has now grown into a thriving community that empowers people, especially women, to live truthfully rather than perfectly.

Shilpi's professional path is a portrait of reinvention. She began as a geologist, transitioned into teaching, then entered the digital world through her work at Fuzia, a global community for women, and later contributed to G100 Media Arts & Communications, collaborating with changemakers across the world.



Through each chapter, she carried forward one message, your detours are not failures; they are your becoming.

For Shilpi, Wabi Sabi is more than philosophy, it's a way of living. It's in her gratitude rituals, her meditations, and her refusal to chase perfection. It's also what guided her through beauty pageants, where she redefined elegance as authenticity and confidence.

Today, as the Founder of Live Wabi Sabi Life, Shilpi is building a brand rooted in mindfulness, community, and conscious living. Her blog has evolved into a sustainable platform integrating digital storytelling, planners, and self-growth tools, turning purpose into both passion and profession.

Her journey continues to inspire thousands through her creativity in a digital landscape and interviews with thought leaders worldwide. She believes that every life, like art, is beautifully unfinished, and that is where its magic lies.

Her Message:

“There are no medals from people or God for living a perfect life. Be you. Celebrate you. The cracks and pauses are what make your story shine.”

~ **Shilpi Shah**

THE WOMEN WHO SHAPED HER BECOMING



Mother ~
HomeMaker

Mother-In-Law ~
Principal - Govt.
School



A Tribute to Her Mother & Mother-in-Law

Together, they shaped her.
One taught her how to nurture a home.
The other taught her how to walk into the world with
confidence.

One embodied tenderness.
The other embodied strength.
They came from different worlds, lived
different lives,
yet both rooted themselves in love.

Though no longer present in physical form,
their guidance continues to shape her journey.
In their own ways, they raised the woman she is still
becoming.

**THIS PAGE IS A BOW OF GRATITUDE.
A WHISPER OF LOVE ACROSS TIME.
A REMEMBERING.
A HONORING.**

Their stories live through her.
And now, through this magazine,
their light continues forward, shared with the world.

To everyone who has connected with her, supported her,
encouraged her, and even challenged her along the way,
she extends her heartfelt gratitude. This magazine stands
not only as a reflection of her journey, but as a
celebration of the collective strength in all of our stories.
May it inspire meaningful collaborations, nurture
creative expression, and deepen the practice of self-love
for every reader.

Do you want to be Featured in Live Wabi Sabi Stories



**REAL PEOPLE.
REAL STORIES.
REAL BEAUTY.**

Live Wabi Sabi Stories isn't just a magazine, it's a movement that celebrates authenticity, imperfection, and the courage to be real.

Our readers are seekers, storytellers, and souls who choose purpose over perfection and grace over gloss.

When you share your story with us, it reaches those who see beauty in the cracks, courage in the chaos, and strength in self-acceptance.

If you're ready to be seen, heard, and celebrated we're listening.

Let's remind the world: there's power in being real, and perfection was never the goal

***Let's celebrate the beauty in imperfections and
power of being unapologetically ourselves!***

This is your moment to shine and share your
story with the world!



for the form link

Email :

livewabisabilife@gmail.com

OR

Quick Connect:



WhatsApp

*Scan QR for
WhatsApp Chat*

**DON'T WAIT! LET THE WORLD SEE
POWER OF YOU!**

Be featured just like



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OUR STARS

Namita & Kalpana

Because Authenticity outshines perfection

LIVE - THE WABI-SABI WAY

